

## 2167 Pre Self Knowledge Survey

Self-awareness: The ability to accurately recognize one's emotions and thoughts and their influence on behavior. This includes accurately assessing one's strengths and limitations and possessing a well-grounded sense of confidence and optimism. ~ CASEL Competency

Please use the drop down list to select your instructor.

- Cary (1)
- Hoppe (4)

Please use the drop down list to select your class.

- 093 (2)
- 094 (3)
- 098 (4)

Please enter your student ID: If you don't know your ID or are uncertain about all the digits, please ask your instructor to look it up on the roster for you. Enter the ID as a series of 9 digits--

do not include spaces or hyphens.

Respond to these statements with your initial feelings.

F	Questions	Totally Agree (1)	(2)	(3)	(4)	Don't agree at all (5)
1	1. I find math class very enjoyable. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
?	2. I will never be good at math. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
--	3. No one in my family is good at math. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	4. I have a lot of strategies to use when I tackle a math problem. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	5. I get good grades in math classes. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	6. I feel nervous when I do math problems. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	7. I give up easily on math problems. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	8. I think math is a really useful subject. (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	9. I want to do well in math class. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	10. You either get math or you don't. (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When you look at these questions together, how do you see yourself as a math learner?

Are you satisfied with your attitudes toward learning math? What would you like to be different?

Your brain actually changes when you learn something. Think of something you enjoy that you had to learn. What did you do to help yourself get that knowledge?