




Student Affairs Professional Development Series

Professional Development for EWU Student Affairs Staff

Topic:	Gratitude: Learn how it amplifies the good in your life
Presenter:	Dr. Phil Watkins
Date:	Wednesday, January 16, 2013
Time:	3 – 4 p.m. (<i>up to one hour of release time is available*</i>)
Location:	MON 205



* Please coordinate approval with your supervisor to ensure adequate office coverage.

Refreshments will be provided

We will give the following books to the first ten participants:

- The Gratitude Power Workbook: Transform Fear into Courage, Anger into Forgiveness, Isolation into Belonging
 - Thanks!: How Practicing Gratitude Can Make You Happier
 - Attitudes of Gratitude 10th Anniversary Ed.: How to Give and Receive Joy Every Day of Your Life
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