

MMR INFORMATION FOR EASTERN WASHINGTON UNIVERSITY EMPLOYEES

EWU requires the [measles, mumps, and rubella \(MMR\) immunization](#) for employees.

For information about exemptions, please see the FAQs below.

Employees in certain programs may have additional immunization requirements. Please contact your specific department program for more information.

All documentation, including exemptions is recorded by the Human Resources Office. Records should be submitted to Human Resources in Showalter Hall 314. If you wish to submit electronically, contact Human Resources by phone at 509-359-2381 to coordinate a secure drop box option.

MMR immunity verification:

If you were born on or after January 1, 1957, proof of MMR immunity means you are able to provide documentation that shows:

- One dose of measles, mumps and rubella (MMR) vaccine received after one year of age , or
- A blood test (titer) showing measles, mumps and rubella immunity, or
- Diagnosed measles, mumps and rubella disease (healthcare provider's signature required).

Where do I submit my document(s)?

All documentation, including exemptions, for faculty and staff is recorded by the Human Resources Office. Records should be submitted to Human Resources in Showalter Hall 314. If you wish to submit electronically, contact Human Resources by phone at 509-359-2381 to coordinate a secure drop box option.

Why is there a MMR requirement?

It is [EWU Policy](#) that all incoming students, as well as staff and faculty are required to submit proof of MMR immunity or a waiver.

Measles, mumps and rubella are all very contagious diseases that can have serious health risks. College campuses are especially vulnerable to measles, mumps and rubella outbreaks.

For more information about measles, mumps, and rubella, here are some links:

[Measles](#) – [Mumps](#) – [Rubella](#)

The risks associated with these diseases can be greatly reduced by receiving two (2) doses of the MMR vaccine.

What happens if there is an outbreak?

If the Spokane Regional Health District determines there is a measles, mumps, or rubella outbreak on campus, university officials will notify students/employees who have an approved waiver requests (exemptions) or have not submitted any documentation.

Students/employees with approved waiver requests or without any documentation in Med + Proctor will not be allowed on campus including attending in-person classes, in-person work, participating in campus activities, and/or living in residence halls.

Typically, an outbreak lasts for two to four weeks and students/employees with an approved waiver will not be allowed on campus during an outbreak.

Once the outbreak is no longer in effect, students/employees will be notified that they may return to campus.

What document(s) can I submit?

We accept any of the following documents as proof of measles, mumps, and rubella immunity:

- School Certificate of Immunizations, or
- Immunization records from your healthcare provider, public health department, or state immunization registry, or
- Copy of your child immunization card, or
- Copy of your military immunization record, or
- Signed proof of immunity form (located on the Med + Proctor site) from your healthcare provider.

Where can I get an MMR vaccine or titer?

You can receive the vaccine or a titer from a personal healthcare provider.

Some pharmacies are also able to provide the MMR vaccine. Please call your pharmacy about availability first.

Where can I get my immunization records?

If you received measles immunizations in the past but don't have documentation, try contacting these sources to get a copy of your immunization record:

- The doctor where you received your immunizations
- Your high school
- The public health department responsible for the area where you received the vaccine
- Some states have immunization registries that are a central location for accessing immunization status. If you have received your vaccinations in:
 - Washington State, you can check your immunization records online through [MyIRMobile.com](https://myirmobile.com)
 - Idaho, you can request your immunization records through [Idaho Department of Health and Welfare](https://idaho.gov/health)
 - Montana, you can request your immunization records through [Montana Official State website](https://montana.gov/health)

- Oregon, you can request your immunization records through [Oregon Health Authority: Getting immunization records](#)

Are there any exceptions to the requirements?

If you are an employee and have a religious reason to be exempt from this requirement, complete the Request for Waiver form found by clicking on [Religious Accommodation](#).

If you are an employee and have a medical reason to be exempt from this requirement, complete the [Request for Medical Waiver](#) for the MMR Immunization requirement and have your licensed health care provider complete the certification verifying there are medical reasons for not obtaining a MMR vaccine or that you have MMR immunity. Once completed return the form to the Senior Director of Human Resources, Caren Lincoln, in Showalter Hall 314.

If you submit a waiver form, and the University has an outbreak of Measles, Mumps or Rubella on campus, you will be notified and will not be allowed on campus.

An outbreak typically lasts for a minimum of two weeks and you will not be able to be on campus during that time period.

Once the outbreak is no longer in effect, you will be notified that you will be able to return to campus. If you are approved to work 100% remote and do not ever come to campus, you do not need to submit any documentation.
