

2022-2023

ANNUAL REPORT



<https://www.ewu.edu/ehs>
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ABOUT US

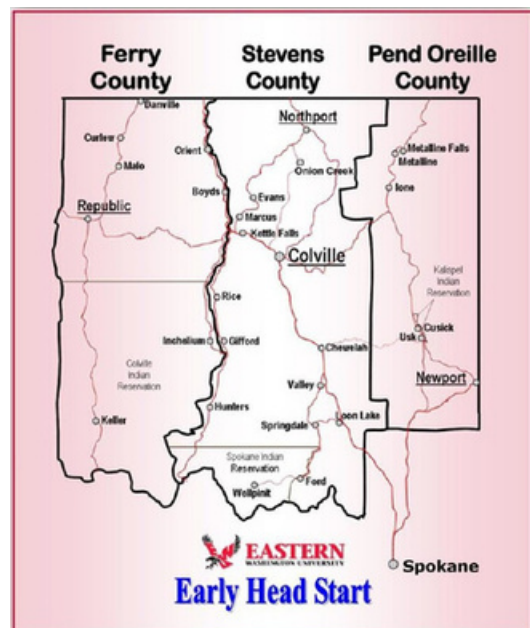
Eastern Washington University Early Head Start (EWU EHS) is a federally-funded program that promotes early learning and school readiness for children under age 3. EWU EHS also provides support for prenatal health and development. We have been serving the local communities for more than 20 years, aligning with Eastern Washington University’s mission to ignite generational transformation, embrace equity and social justice, drive innovation, and transform the communities in our region.

EWU EHS accomplishes this mission by delivering the following services:

- Weekly home-visits with evidence-based curriculum and resources
- Twice monthly Parent-Child socialization experiences, called Play and Learns, at our state-of-the-art early learning classrooms in Newport and Colville, Washington.
- Parent opportunities for parent councils, parent meetings, and parent trainings

During the COVID-19 pandemic, EWU EHS continued to offer safe services both in-person and virtually.

The EWU EHS service area covers over 6,000 square miles of Ferry, Stevens, and Pend Oreille counties in northeast Washington State. These counties are federally designated frontier areas and medically underserved areas.





PARENT INVOLVEMENT

EWU EHS helps parents prepare their infant or toddler for success in school and in life by ensuring each child is making progress toward fulfilling their developmental potential

- ★ **Parent Child Educators provide individualized learning activities to help parents support their child's language, cognitive, motor, and social emotional skills**
- ★ **Parents are engaged in planning and carrying out learning and developmental experiences with their child**
- ★ **Families are empowered to obtain early intervention services**
- ★ **Parents are encouraged to advocate for their child's health and developmental needs**
- ★ **EWU EHS provides support for the parent's mental health and well-being**
- ★ **There are extra opportunities for parents to attend parent meetings, policy council, professional trainings, and monthly play groups for their children**



OUR LATEST NUMBERS

94

AVERAGE MONTHLY ENROLLMENT:
PREGNANT WOMEN, INFANTS, AND
TODDLERS



130 FAMILIES SERVED

- ★ Percentage of eligible children served in 2022-2023: 80%
- ★ Children up-to-date on Well-Child Exams: 73%
- ★ Children Up-To-Date as Possible on Immunizations: 71%
- ★ Children that had a Dental Exam with a dentist or an Oral Screening from their doctor: 73%*

*The federal EPSDT (Early Periodic Screening, Diagnostic and Treatment) exam schedule recommends a first visit with a dentist upon the eruption of the first tooth or at age one, but it does not require a visit with a dentist until age 3.

- ★ Enrolled children that were homeless: 16%
- ★ Enrolled children who were referred to Early Head Start services by a child welfare agency: 18%
- ★ Pregnant women served: 17 (10% of total enrollment)
- ★ Children with a diagnosed developmental delay or disability: 13%
- ★ Children in foster care or placed with a legal guardian: 8%
- ★ Total enrolled children who graduated from the program: 26%

153
CHILDREN SERVED



PREPARING CHILDREN FOR KINDERGARDEN

- ★ Planned and implemented individualized data-informed home-based learning experiences
- ★ Completed over 4,000 home visits throughout the 6000 square mile service area
- ★ Traveled over 120,000 miles to provide home-based services in remote areas
- ★ Coordinated and aligned services with Individualized Family Services Plans for children with disabilities
- ★ Utilized self-assessment data and ongoing developmental assessment data to plan new 5-year goals for the 2019-2024 grant application
- ★ Conducted Policy Council, staff, and board member interviews regarding WA Kids data and implications for the next 5-year program and school readiness goals



Summary of Community Assessment Findings and Trends

- **Lack of childcare options**
- **Lack of housing and rental assistance options**
- **Increases in homelessness**
- **Limited medical, therapy, and dental services including sparse pediatric services**
- **Regression in all stages of development**
- **Increases in reported child abuse or neglect cases**
- **Increases in domestic violence, substance use, and crime**
- **Poorer mental and social health**
- **Internet and phone service connectivity issues**
- **Burdensome grocery and fuel prices**
- **Lack of cooking skills and increased food insecurity**
- **Reported need for increased financial literacy and household budgeting skills**

BUDGET

\$2,265,554

DHHS, ACF EARLY HEAD START AWARD

\$206,255
NON-FEDERAL SHARE
CONTRIBUTIONS

Operational Budget

Budget Category	Approved Budget	Actual Expenditures
Personnel	1,099,059	1,007,398
Fringe Benefits	466,162	435,361
Travel	125,698	157,438
Equipment	15,000	71,594
Supplies	54,512	88,151
Contractual	46,500	45,067
Facilities/Construction		
Other	254,027	254,290
Direct Costs	2,060,958	2,059,299
Indirect Costs	204,596	206,255
Total	2,265,554	2,265,554

No Audit Findings. The State of Washington Single Audit Report for FY 22 does not include any findings or questioned costs for Eastern Washington University. www.ofm.wa.gov

Head Start Compliance. Eastern Washington University Early Head Start did not have a federal monitoring review in FY 23 and meets compliance with the Head Start Program Performance Standards (HSPPS).

COVID BUDGETS

HHS-EHS COVID Carryforward

Budget Category	Approved Budget	Actual Expenditures
Personnel		
Fringe Benefits		
Travel	3,862	1,222
Equipment	27,950	30,088
Supplies	8,917	6,236
Contractual		2,324
Facilities/Construction		
Other	26,712	27,571
Direct Costs	67,441	67,441
Indirect Costs	6,744	6,744
Total	74,185	74,185

HHS-EHS COVID ARPA

Budget Category	Approved Budget	Actual Expenditures
Personnel		6,096
Fringe Benefits		581
Travel	9,500	262
Equipment	43,530	41,563
Supplies	61,474	33,593
Contractual		12,074
Facilities/Construction		
Other	8,500	32,003
Direct Costs	123,004	126,172
Indirect Costs	15,790	12,622
Total	138,794	138,794

HHS-EHS CRRSA

Budget Category	Approved Budget	Actual Expenditures
Personnel		
Fringe Benefits		
Travel		
Equipment		
Supplies	31,739	28,628
Contractual		
Facilities/Construction		
Other	-	3,110
Direct Costs	31,739	31,738
Indirect Costs	3,173	3,174
Total	34,912	34,912