



# Early Head Start

## ANNUAL REPORT

July 1, 2015 - June 30, 2016

*Engaging and equipping parents as they help their children  
be healthy, well and ready for school!*



Eastern Washington University Early Head Start is a publically-funded, comprehensive health and development program that is

**FREE**

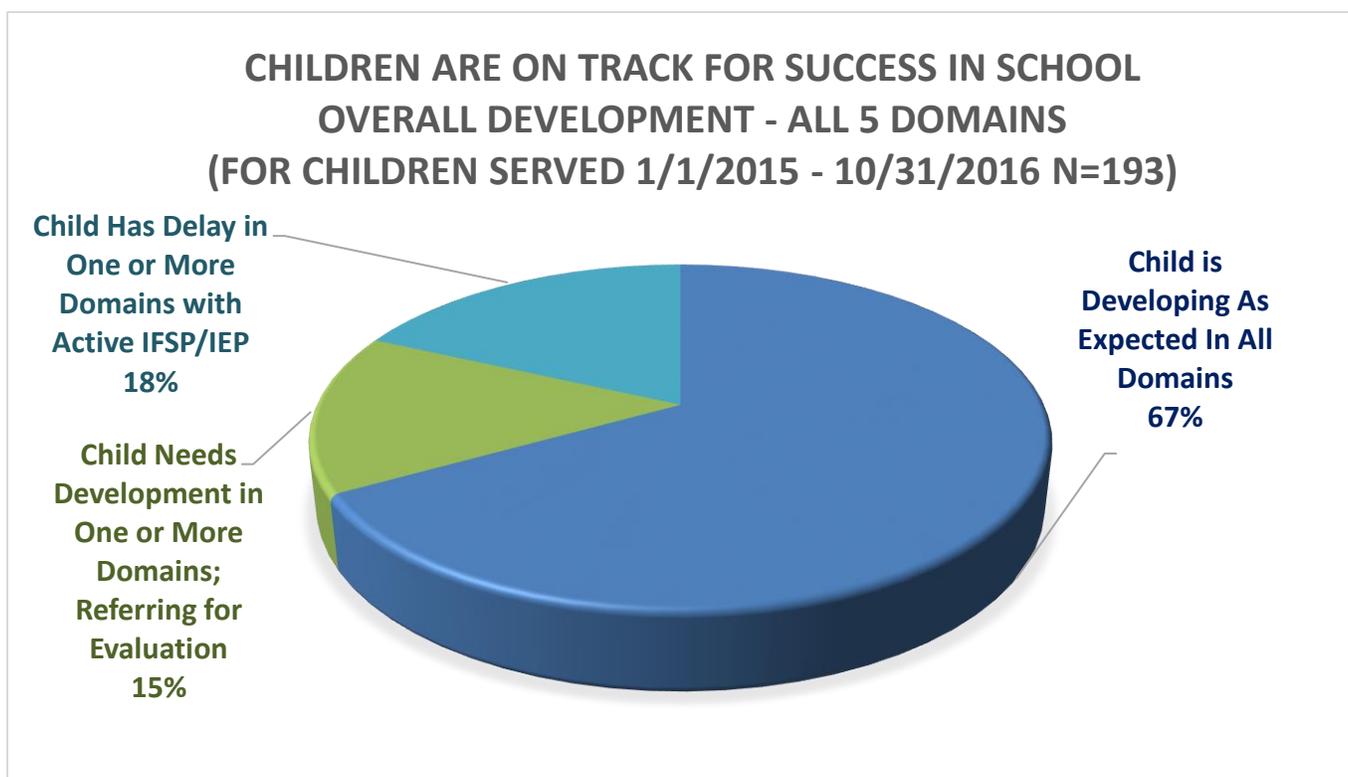
to eligible pregnant women, infants, toddlers and their families who live in Ferry, Stevens and Pend Oreille counties of Washington State.

**For more information call 1-800-776-9136 or 509-359-3152**

## Early Head Start Children are Ready for School

Eastern Washington University (EWU) offers an Early Head Start home-visiting program for pregnant women, infants, toddlers (ages birth to 3) who live in the under-resourced and underserved frontier counties of Ferry, Stevens and Pend Oreille in Washington State.

This innovative and highly successful school readiness program, funded through a five-year, \$9.4 million federal grant with the U.S. Department of Health and Human Services, *engages and equips parents as they help their children be healthy, well and ready for school.*

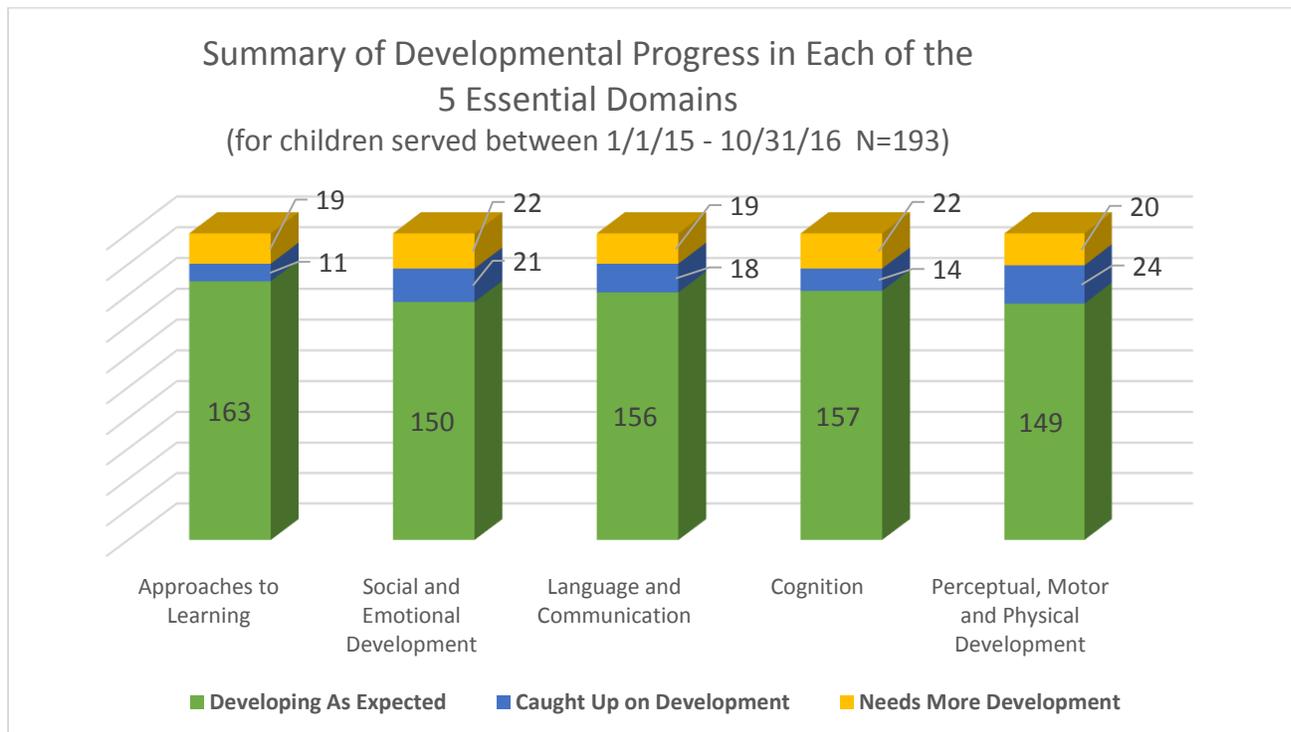


EWU EHS is accomplishing its overall school readiness goal of assuring that each enrolled child is either:

- Developing as expected in all 5 essential domains for their age (adjusted for prematurity); or
- Receiving additional developmental evaluations and services (i.e. inclusive and individualized curriculum and experiences) for each domain in which the child needs development.

## Infants and Toddlers are On Track for Success in School!

- Infants and toddlers are making progress and accomplishing their individual health, nutrition and developmental goals.
- Foster children and children with disabilities are being served at extremely high rates and are getting the services they need to optimize their development.
- Program data show that children are on track for success in school even when they are experiencing multiple risk factors like disability, neglect, homelessness and when they live in households where the families basic needs are not met.



## School Readiness Preventive Health Data Summary

99%

of Enrolled Children Up-To-Date as Possible on Well Child Exams

97%

of Enrolled Children Up-To-Date as Possible on Required Immunizations

150

Children Up-To-Date on age-appropriate preventive & primary oral health care

117

Children Have Continuous and Accessible Dental Care Provided by a Dentist

## Parents are Investing in their Child's Education!

- EHS parent engagement in their child's learning and development is very high. Parents devote and document over 30,000 hours of teaching time with their children.
- 100% of enrolled pregnant women have a medical home, medical insurance and are participating in prenatal healthcare.
- Parents are making a difference in their child's preparedness for success in school by increasing their knowledge of developmental parenting, accessing early intervention services, and implementing school readiness activities and plans in their home.

## Families in 2015-2016: No Two Families Are Alike

**Youngest person** parenting an EHS child: **19 years old**

**Oldest person** parenting an EHS child: **74 years old**

Single parent households served this year: **26% of families**

Two parent households served this year: **74% of families**

Pregnant women served this year: **10% of enrolled slots**

**Homeless** EHS children this year: **11% of enrolled children**

Families involved with Child Protective Services this year: **16% of enrolled families**

Children with a diagnosed **developmental delay or disability**: **14% of children**

Children in **foster care** or placed with a legal guardian this year: **18% of children**



## Families and Communities are Working Together for Children!

- Families are identifying their own needs and goals and are making significant progress toward addressing their family's needs and accomplishing their goals.
- Ninety-eight percent (98%) of families are accessing services through community partners as part of their approach to meeting family needs.

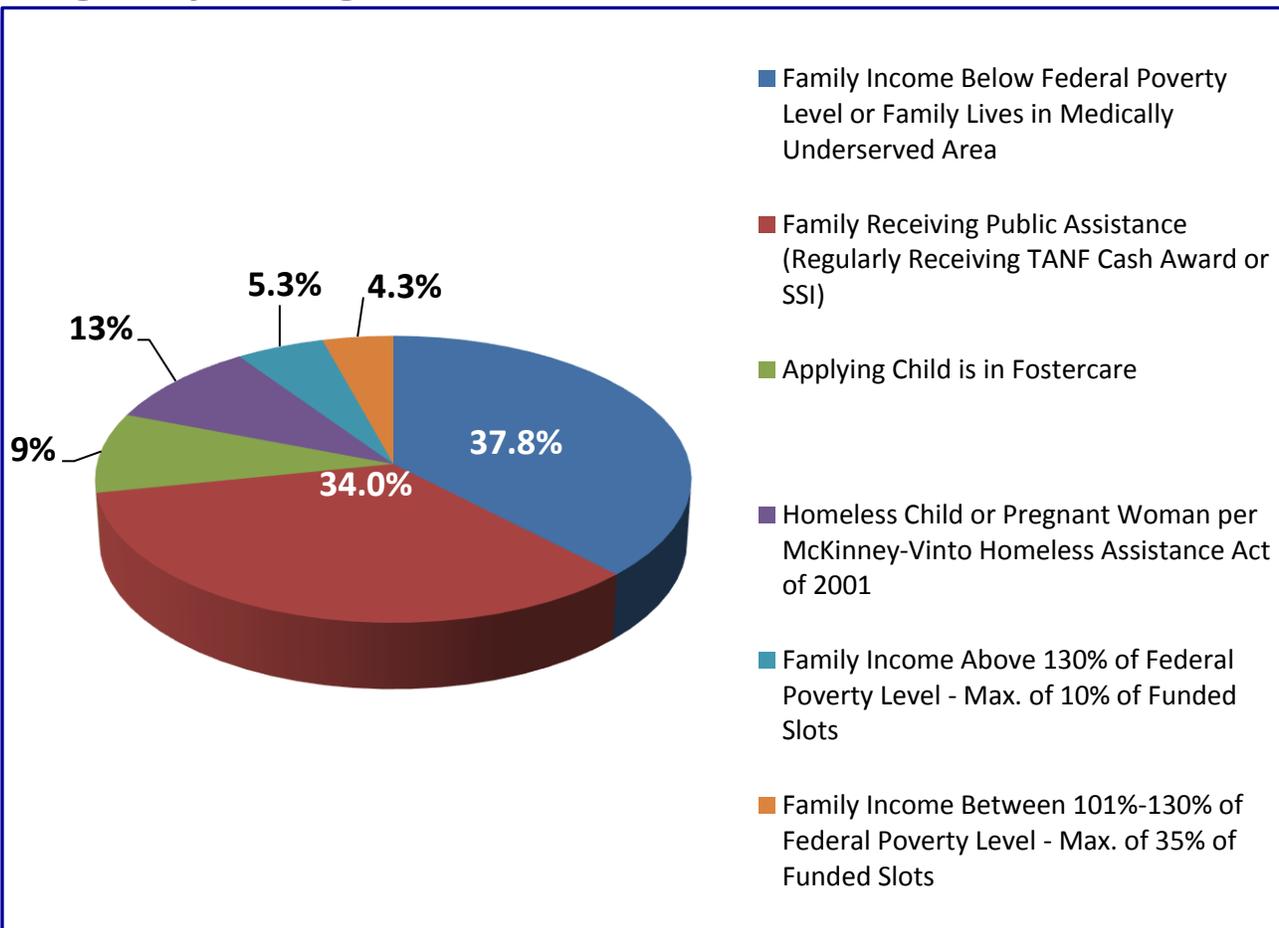
## Who Does EWU Early Head Start Serve?



During the 2015-2016 program year, EWU EHS was funded to provide services to 116 pregnant women, infants and toddler and maintained full enrollment all year.

EWU EHS determined the eligibility status of 259 pregnant women and children, and served a total of 188 pregnant women, infants and toddlers in 138 families.

## Eligibility of Pregnant Women and Children Served in 2015-2016



## Funding Sources

The EWU Early Head Start is a stand-alone program that received funding from the following sources in fiscal year 2015 (July 1, 2015 – June 30, 2016):

|  |                |
|--|----------------|
| Early Head Start, Office of Head Start, ACF/DHHS Award | \$1,886,886    |
| Non-federal share required, 20% total funding          | <u>471,722</u> |
| Total  | \$2,358,608    |

| Early Head Start FY 15 Federal Funding: Budget vs. Actuals |                    |                     |
|--|--------------------|---------------------|
| Budget Category  | Approved Budget    | Actual Expenditures |
| Personnel  | \$903,867          | \$901,162           |
| Fringe Benefits  | \$359,701          | \$370,319           |
| Travel   | \$15,950           | \$22,826            |
| Equipment  | \$0                | 0                   |
| Supplies   | \$96,249           | \$80,187            |
| Contractual  | \$4,440            | \$615               |
| Facilities/Construction                                    | \$0                | 0                   |
| Other  | \$335,144          | \$340,242           |
| Direct Costs   | \$1,715,351        | \$1,715,351         |
| Indirect Costs   | \$171,535          | \$171,535           |
| <b>Total</b>   | <b>\$1,886,886</b> | <b>\$1,886,886</b>  |

Administrative costs: 13.3% Non-federal share provided: \$471,722

## Federal OHS Review and State Audit Findings - None

Eastern Washington University did not have any findings or questioned costs in the *State of Washington Single Audit Report for FY 15*. [Washington Office of Management and Budget, [www.ofm.wa.gov](http://www.ofm.wa.gov)]

Eastern Washington University did not have any findings resulting from the Fiscal/ERSEA review event (June 2016) or the Environmental Health and Safety review event (April 2016) as conducted by the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start.

## School Readiness Data Informed Program Improvements.

Changes EWU Early Head Start has made in response to school readiness data:

1. Added Parents As Teachers *Interactions Across Abilities* curriculum
2. Increased home visitor's family engagement skills
3. Expanded home visitor's child development knowledge
4. Increased home visitor's access to managers with child development and disabilities expertise
5. Hired two Home Visit Services Training Managers with child development, expertise to support Practice-Based Coaching
6. Began Home Visit Observation Rating Scale (HVORS) to improve home visit quality



7. Created EWU EHS career ladders to promote staff retention
8. Increased face-to-face supervisory and content expert support
9. Improved coordination between EWU and Early Services for Infants and Toddlers
10. Simplified and focused roles of home visitors as they help parents prepare their children for success in school.

## What is EWU Early Head Start?

***It's FREE! Call 1-800-776-9136 or 509-359-3152 for more information!***

EWU Early Head Start is a publically funded school readiness program that provides 90 minute weekly home visits and opportunities to participate in 2 Play & Learn experiences each month to eligible pregnant women, infants and toddlers, birth to three, who live in Ferry, Stevens and Pend Oreille counties.



Early Head Start helps parents prepare their infant or toddler for success in school and in life by ensuring each child is making progress toward fulfilling their developmental potential by:



- Partnering with parents in assessing their child's developmental progress in 5 essential domains
- Engaging parents in planning and carrying out individualized learning experiences with their child;
- Empowering families to obtain early intervention services; and
- Equipping parents to advocate for their child's health and developmental needs.