



# Proficiency Check – Assisted Locking Device – Gri Gri

The purpose of having a rigorous belay test for users of assisted locking belay devices is that the devices, when used incorrectly, cause many climbing accidents.

Tester's Name: \_\_\_\_\_ Date of Proficiency Check: \_\_\_\_\_

*A common error with assisted locking devices is improper setup.*

### Set up

Has the climber expertly set up the device according to the following criteria:

YES NO

- \_\_\_ \_\_\_ Belayer never sets up device improperly.
- \_\_\_ \_\_\_ Belayer sets up device properly and with confidence.
- \_\_\_ \_\_\_ Belayer checks set up as part of belay check every time.

*The manufacturer considers these devices to be **assisted-locking** devices, not self or auto locking devices. Because of this, proper belay technique must be used at all times including keeping the brake hand firmly on the brake strand.*

### Belaying

YES NO

- \_\_\_ \_\_\_ Climber uses proper technique at all times (same as aperture device).

*Many accidents are caused by errors during lowering*

### Lowering

Has the climber performed the lowering competently according to the following criteria:

YES NO

- \_\_\_ \_\_\_ Belayer maintains firm control with the brake hand at all times.
- \_\_\_ \_\_\_ Belayer uses the lowering lever and doesn't simply squeeze the device.
- \_\_\_ \_\_\_ Belayer can stop and then restart while maintaining control.
- \_\_\_ \_\_\_ Belayer lowers at an appropriate speed.

Climber's Name: \_\_\_\_\_

Staff comments: \_\_\_\_\_  
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